

# *Raymond Terrace Athletics Centre*

## *Newsletter 4 2 November, 2024*

[www.raymondterraceathletics.com.au](http://www.raymondterraceathletics.com.au)

Cancellation No: 4983 1407 and RTAC facebook page

### **TODAY IS WEEK 5 PROGRAM**

### **WE HAVE BANANAS!**

#### **CANTEEN**

Today we have chicken and gravy rolls for \$5, chicken schnitzel burgers for \$6 or hot dogs for \$2.50. Please order these before you go onto the field.

#### **GOOD LUCK TO ATHLETES AT THE COMBINED CARNIVAL TOMORROW**

First event is at 9:30. The program and event list are on the notice board. The results will be in the Newsletter next Saturday.

#### **WALLSEND LAST SUNDAY**

We hope everyone who competed enjoyed the day. Please let us know if there's anything we can include in the Newsletter as we don't receive the results.

#### **COLES COMMUNITY ROUND NEXT WEEK**

We will be supporting the Little A's Community Round as a show of gratitude for the immense support Coles provides all Little A Centres nationally. The event is promoted on our facebook and website with a follow-up of photos before forwarding a selection to Little A's. We hope athletes can come dressed in red, or a Coles - related dress up such as a favourite Coles product or simply something that reminds them of Coles. Parents are invited to also dress up or come in red.

Regular competition events will be held, but there will be a couple of novelty events with bananas taking the place of a shot put, discus or bean bag. Last year, the seniors really enjoyed the Banana (Orange) race! There will also be a novelty prop board for fun photos and Coles is providing some \$10 gift cards.

#### **WE HAVE SOME RED AND WHITE STRIPED SOCKS IN THE CANTEEN**

Cost is \$5. There are 11 large and 4 small pairs that you may like to complete your outfit!

#### **ROUND 1 CENTRE CHAMPIONSHIPS NOVEMBER 23**

What are Centre Championships? There are 2 Rounds, each of which consists of 5 events. These 2 rounds are different from our usual Saturdays in that points are awarded for achievement - the better the result, the greater the points. A Pentathlon type pointscore is used. Total points earned over the 2 Rounds will determine the Sub-Junior, Junior, Sub-Senior, Senior, 16-20, Open and Masters Champions for which trophies will be awarded at Presentation Day. There are no early events on these 2 days.

#### **UPCOMING EVENTS:**

Sat 9 Nov	Centre Meet / Coles Community Round – Dress in Red / Costume
<b>Sat 16 Nov</b>	<b>NO CENTRE MEET</b> (Zone Championships)
Sat 16 & Sun 17 Nov	Port Hunter Zone Championships Federal Park, Boscowan St, Wallsend
<b>Sat 23 Nov</b>	<b>Round 1 Centre Championships (if Zone doesn't have to cancel previous week)</b>
<b>Sat 30 Nov</b>	<b>Centre Meet</b> or back-up date for Centre Championships if needed
<b>Sat 7 Dec</b>	<b>Centre Meet</b>
<b>Sat 14 Dec</b>	<b>Last Centre Meet for 2024</b>

# *Raymond Terrace Bowling Club*

Proud to be supporting Raymond Terrace Athletics Centre